



March-April 2020

LakevilleHeritageCenter.com

Something for everyone 50+

**LAKEVILLE
HERITAGE CENTER**

M-F, 8 a.m. - 4 p.m.
952-985-4620

20110 Holyoke Ave.
Lakeville, MN 55044

MAILING ADDRESS:
20195 Holyoke Ave.
Lakeville, MN 55044

RENTAL INFO

rental_info@lakevillemn.gov
952-985-4623

Lakeville Area
**Active
Adults**

The Lakeville Area Active Adults offers programs and activities to members age 50+, including educational classes, exercise classes, health and wellness programs, informational seminars, hobbies, games, day trips, extended trips, special events, social programs and more.

Renee Brekken, Coordinator
rbrekken@lakevillemn.gov

Rosemary Mikkelson &
Karrie Glen
Administrative Assistants
rmikkelson@lakevillemn.gov
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Proudly sponsored by
Lakeville Parks &
Recreation

LAKEVILLE YELLOW RIBBON

A gathering and support center for military veterans (page 12)



A space to preserve and honor our history (page 13)

Active Adults Open House
Tuesday, April 21, 1:30-3 p.m.



New LAAA members, potential members, current members and anyone interested are invited to an open house on Tuesday, April 21 at 1:30 p.m. Come and enjoy light refreshments and enter for a chance to win door prizes. Meet other Lakeville Area Active Adults members and find out more about the groups, activities and classes offered at the Heritage Center. This orientation will also include a tour of the building. We hope you are able to come and see all that membership in the Lakeville Area Active Adults has to offer. Feel free to bring a friend.

Heritage Center Improvements

The Heritage Center will be closed April 27-May 1.

New carpeting and flooring will be installed in some areas of the Heritage Center. There will be no programs, classes, coffee, fitness center or bread distribution the week of April 27-May 1. Registrations and membership renewals may be done online or call 952-985-4620. You can look forward to a new look on May 4.



April 27-May 1

THANK YOU
Volunteers!
We couldn't do it without you

The Heritage Center would not exist if not for volunteers. There are over 200 volunteers who put in over 4,000 hours collectively in a year. Positions include leading groups, delivering bread, helping with events and receptionists, to name a few. Thanks to all of our fabulous volunteers—I hope you get as much as you give.

To all our members, thank the volunteers when you have a chance. If anyone is interested in volunteering, check the Heritage Center hallway for opportunities or stop by the office.

Outdoor Activities Begin Soon

Spring brings a host of new activities to participate in. I encourage you to check out all the options on page 4. Members can bike, walk, motorcycle, golf, play pickleball or bocce ball. Newcomers are welcome to all the groups.

**Current LAAA
Membership**

1,208 members strong!
40 new members joined
in Dec. & Jan. !

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March Lakeville Luncheon

Tuesday, March 10, 11:30 a.m.

Come and enjoy a lunch of either corned beef and cabbage OR meatloaf with sides and dessert. Indicate menu choice at sign-up. Following lunch, Lyndon Griffin will provide Irish music and stories. **Deadline is Thursday, March 5.**



April Lakeville Luncheon

Tuesday, April 14, 11:30 a.m.

April's menu features ham with raisin sauce, sides and dessert. Following lunch we'll play bingo with prizes. **Deadline is Thursday, April 9.**



Entertainment sponsored by Billie's Choice.



The cost for each luncheon is \$10/LAAA members, \$12/non-members. Lunch is catered by Chef Sally Johnson. Sign up with payment at the Heritage Center, by calling 952-985-4620 or online at LakevilleHeritageCenter.com, then Active Adults, then Registration. No refunds will be given after the deadline. Sponsored by LAAA Advisory Committee.

Save the date for May's luncheon on Tuesday, May 12!

VOLUNTEERS

Join Our Team

Volunteering is a great way to get involved at the Heritage Center. You'll meet new people and give back to our great organization. We need a few more volunteers for the following position:

Reception Desk - Mornings, afternoons or subbing. Greet Heritage Center guests, maintain coffee area, assist with bread program and other responsibilities as needed. A friendly, outgoing personality is best for this position. Training is provided. If you are interested, stop in at the Heritage Center office or call Renee at 952-985-4622.



Nutrition Discussion Group



Stay up-to-date on the latest nutrition information for older adults. This new group will discuss proven ideas and habits to promote good health. Participants will share articles and information on nutrition with other members of the group. There may also be presenters brought in to speak on nutrition. (Note—This is not a "weight loss" group where you weigh in.) Date and time are to be determined. If you are interested in learning more about this new group, sign up in the hallway or call 952-985-4622.

Piano Player Wanted

The Red Hat Chorus is looking for a volunteer piano player to accompany the chorus when Jan, the regular pianist, is not available. This is a fun-loving group of ladies and a great opportunity to serve others through music. Stop in the Heritage Center office or call 952-985-4622 if interested.



Gardeners

Is anyone interested in gardening in a plot or in raised garden boxes at the Heritage Center? This would be a nice opportunity to satisfy your green thumbs while providing some vegetables to our members. If you would like more information, see the clipboard in the hallway or call 952-985-4620.



Great Seasonal Job Opportunity

Lakeville's Park Maintenance Department is seeking individuals to operate large mowers and/or ball field dragging equipment on a seasonal basis (April through October) up to 40 hours per week Monday-Friday with a starting pay of \$13.50/hour. Ideally, individuals would work 40 hours per week, but positions can be flexible for those who would like 20-30 hours per week. These are ideal seasonal/retirement positions operating superior equipment in a great park system. If you are interested, stop by City Hall, visit lakevillemn.gov and click on job opportunities or call 952-985-4490.



Each month a LAAA member will be chosen at random from the kiosk check-in to be interviewed for "member of the month." This person will have their feature printed in the newsletter and displayed at the Heritage Center. The featured member will also receive a ticket to that month's luncheon.

Meet Kelly Hayes: March Member of the Month



Born in Bismarck, North Dakota, Kelly is one of 12 children. He and his siblings grew up on a farm in Moffit, North Dakota. As a young man, Kelly served in the Army before coming back to farm on his own for three years. He married Darlene in 1962. He then worked putting up steel towers for power lines. This job took him and Darlene to South Dakota and Alabama before they settled in Lakeville in 1968. Kelly worked for Menasha Corporation in Lakeville, then retired and drove school buses for 20 years. He also delivered Meals on Wheels for 26 years. He and Darlene

have two children and four grandchildren who also live in Lakeville. They get to see their family frequently.

Kelly now keeps busy mowing lawns, plowing snow and playing cards. He is a member of the Knights of Columbus and is instrumental in putting on the free lasagna dinner at the Heritage Center five times per year. Kelly always has a smile and a joke so don't miss the chance to meet him.

Meet Kay McAllan: April Member of the Month

Kay was born in Mora, Minnesota, one of eight children. She grew up on a farm near Mora and later went to college in Bemidji. She got a job as a Quality Control Technician at Norbord where she worked for 34 years. She really enjoyed her career and working with wood.

Kay has a daughter, son-in-law and two grandchildren, ages 7 and 5. They are lucky to have Kay living with them in a separate apartment within their home. Reading, walking, exercising and gardening both vegetables and flowers are among Kay's interests. She also loves to play and bike with her grandchildren. She is frequently at the Heritage Center so be sure to say "hi" the next time you see her.



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OUTDOOR ACTIVITIES

Spring sports begin soon!

If you are interested in joining any of these great groups, attend the organizational meeting. If you have questions or cannot attend the meeting, call 952-985-4620. You will need to renew your membership and pay the annual group fee before participating. Please note: you do not have to wait until the meeting to pay membership and group fees. Stop in anytime prior to the meeting date.

Group & Meeting Date (all meetings are held at the Heritage Center)	Group Information
Bocce Ball Thursday, April 23, 1 p.m.	Bocce ball is played at Aronson Park on Wednesdays and Thursdays mid-May through October. Teams are organized randomly each day of play. \$5 annual fee
Health Angels Biking Monday, March 30, 9 a.m.	Rides are on Wednesdays, meeting at the Heritage Center at 8:30 or 8:45 a.m. depending upon the month. This bicycle club rides approximately 20 miles per outing in the metro area and stops for lunch. Rides will be determined by the group. Provide your own bicycle, helmet and bright neon green vest or shirt. \$5 annual fee
Ladies Golf Wednesday, April 1, 9:30 a.m.	Golfing takes place at Cleary Lake Golf Course on Wednesdays at 9 a.m. \$5 annual fee + greens fees
Men's Golf Wednesday, April 8, 1 p.m. (meeting) Wednesday, April 22, 9:30 a.m. (pick up schedules)	Men's golf meets on Wednesdays at 8 a.m. May through early-October at Gopher Hills in Cannon Falls. Enjoy lunch at the golf club or King's Place in Miesville after the round. Carpooling is available. If you are interested in being a regular or substitute golfer, attend the meeting on April 8. If you can't attend the meeting, call Wally Potter at 952-484-4855 or Cory Paulsen at 952-461-3129. \$5 annual fee + greens fees & lunch
Motorcycle Club Thursday, April 16, 10 a.m.	Rides are on the 2 nd and 4 th Thursdays of each month, May through mid-October, leaving the Heritage Center at 10 a.m. This group is for men and women. Rides are determined by the group and usually include stops for lunch. Helmets are required. \$5 annual fee
Pickleball Tuesday, March 31, 1 p.m.	Group play is available on Tuesdays and Fridays at 9 a.m. and Wednesdays at 5:30 p.m. Pickleball is a fun game played on a lined court similar to a tennis court with a plastic ball and paddles. Courts are located at Dodd Trail Park, 17035 Flagstaff Ave. \$10 annual fee
Walking Club Thursday, April 9, 9 a.m.	Walk on Mondays and Thursdays at 9 a.m. May-August. This is a great way to meet some new people while you exercise. The group meets at the Heritage Center or other locations to walk approximately 30-60 minutes per outing. \$5 annual fee
Wheel Friends Biking Monday, March 30, 9 a.m.	Ride 1-1½ hours on Wednesdays at 9:30 a.m. with others who enjoy bicycling. Ride destinations will be distributed to the group members. Bright shirts and helmets are required. \$5 annual fee





Bean Bags

Interested in playing bean bags? Call 952-985-4620 or sign up at the Heritage Center. The boards are lightweight and can be set up outside of the center for a group to play weekly. Once we have interest, day of play will be determined.



Pickleball Lessons—Ages 14 & up

Played on a shortened tennis court, our experienced instructor will teach you the rules with fun lessons and drills. Bring a pickleball racket. Lessons will be held on Thursdays at Dodd Trail Park, 17035 Flagstaff Ave., Lakeville. Register in advance by calling 952-985-4622.

Date	Time	Fee
Thurs., May 7-28	6-7:30 p.m.	\$79
Thurs., June 4-25	6-7:30 p.m.	\$79
Thurs., July 9-30	6-7:30 p.m.	\$79
Thurs., Aug. 6-27	6-7:30 p.m.	\$79



Beginner Line Dancing

Thursdays, 5:30–6:20 p.m.
Feb. 27–April 9 (7 classes)
April 16–May 28 (7 classes)

\$49 LAAA members/\$62 non-members
Learn several line dances during the seven-week session, including step patterns, rhythms and terminology. Each lesson will include a review of previously taught material. Wear comfortable shoes (not tennis shoes). Instructor Peter Blaskowski and his wife have taught line dancing all over the world and danced at the World Championships in 2001.



Coffee Conversations

Our objective at the Heritage Center is to bring people together. We have a fairly small coffee lounge. Please be respectful to all of our members and try to focus on topics that bring people together, rather than divide us.

Heritage Center Improvements

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April 27–May 1

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EBENEZER
Choices for vibrant senior living

Senior Scam Tips

by Lt. Jim Puncochar,
Lakeville Police Department

Question from a citizen:

I received a phone call saying I won a free vacation. It is to a place I have always wanted to go. Is this a scam?

Answer from Lt. Puncochar:

This is most likely a scam. Many questions come to mind. How did you actually win this vacation? How were you chosen? Did you sign up to win a free vacation? Did a random company or organization randomly select you for something you don't even remember signing up for? Does this sound too good to be true?

It most likely is a scam. These free or low-cost vacation phone calls can end up costing a bundle in hidden fees. Some of these vacations never take place, even after you've paid.

Protect your personal information and don't be afraid to say "no."



FREE Lasagna Dinners for Seniors

Free lasagna dinners will be held on the following dates in 2020: March 26, May 28, Sep. 24, Oct. 29. Sign-up sheets for each month's dinner will be available at the beginning of the month.



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



Note for ALL Classes: NO Classes APRIL 27 - MAY 1

Silver Sneakers - Tai Chi for Health and Balance

PLEASE NOTE: On March 5, 12, 19 & 26 we will have practice for current Tai Chi participants only (no charge), as the instructor is unavailable for the month. Regular classes will resume on April 2.

Thursdays, Beginners 1:15-2 p.m., Advanced 1:45-2:30 p.m.

Tai Chi practiced regularly can reduce stress, lower blood pressure and improve balance and posture. Wear comfortable clothing and tennis shoes. Instructor: Trish Gonzalez

Level 1 Participants – Beginning Tai Chi

1:15 – 1:45 Introduction and beginning level of the Sun Style Tai Chi form

1:45 – 2 Cool down exercises (stretching and Qigong movements that can be used as warm up or cool down)

Level 2 Participants – Returning or Advanced Tai Chi

1:45 – 2 Warm up exercises (stretching and Qigong movements that can be used as warm up or cool down)

2 – 2:30 Returning or advanced group selectively works on the second part of the form, Sun Style Tai Chi Part 2

PLEASE NOTE: Silver Sneakers members may be eligible to participate for free. Non-Silver Sneakers members, pay in advance for the classes you will take for the month, \$5 per class if pre-paid, \$6 drop-in fee per class if not pre-paid.

Gentle Yoga

Mondays, Wednesdays & Fridays, 8:15 a.m.

Come for gentle, flowing yoga to improve balance and flexibility. No experience necessary. Bring a yoga mat and a small blanket. These are one-hour classes.

Pay in advance for the classes you will take for the month, \$5 per class if pre-paid, \$6 drop-in fee per class if not pre-paid.

Instructors: Lindee Parson & Julie Harding



Dance Fitness

Thursdays, 3 p.m.

Dance Fitness takes a variety of dance styles, combined with some toning fitness moves that will suit the needs of today's baby boomers. This 45-minute class features upbeat music, easy-to-follow moves and an invigorating, energized atmosphere.

Pay in advance for the classes you will take for the month, \$5 per class if pre-paid, \$6 drop-in fee per class if not pre-paid.

Instructor: Sue Malecha

Silver Sneakers Strength & Balance

Chair exercises (sitting & standing)

Mondays, Wednesdays & Thursdays, 11 a.m.

Combines light cardio and strength training for individuals who want to improve muscle tone, flexibility, range of motion, balance and coordination. All exercises will be performed while holding onto a chair or sitting in a chair. Modifications can be made to accommodate medical and/or physical restrictions. Instructors: Mickey Schuenke (M & Th), Michelle Schmitz (W)

◆ Non-Silver Sneakers members: Pay in advance for the classes you will take for the month—just \$3.25 per class if pre-paid, \$4.25 drop-in fee per class if not pre-paid.

Silver Sneakers Cardio & Strength

Class includes floor exercises (bring your own mat)

Mondays & Thursdays, noon

Join us for an energizing class that combines cardio and strength training using various equipment, our own bodies, chairs and mats. This class will improve cardiovascular fitness, as well as maintain or increase bone density, flexibility, range of motion, muscle tone and coordination. *Modifications are not available for this class—join Strength & Balance and work up to Cardio & Strength if you have medical and/or physical restrictions.*

Instructor: Mickey Schuenke

◆ Non-Silver Sneakers members: Pay in advance for the classes you will take for the month—just \$3.75 per class if pre-paid, \$4.75 drop-in fee per class if not pre-paid.

Cardio & Strength

Wednesdays, 5:30-6:30 p.m.

April 8-May 13 (6 weeks) - \$30

*No classes May 20 & 27

June 3-July 8 (6 weeks) - \$30

Want to take some exercise classes but are too busy during the day? Try this late afternoon class. Join us for an energizing class that combines cardio and strength training using various equipment, our own bodies, bands and mats. This class will improve cardiovascular fitness, as well as maintain or increase bone density, flexibility, range of motion, muscle tone and coordination. Bring a mat and a water bottle. A minimum of five is needed to run this class. Sign up in advance; register by calling 952-985-4620 or visit LakevilleHeritageCenter.com.

Instructor: Mickey Schuenke



Silver Sneakers Flex™ Fitness

Silver Sneakers members, check with the class instructor to see if your insurance provides Silver Sneakers benefits.

Sign up for one, two or three classes each week! Have fun maintaining or increasing your aerobic activity and improving your health and well-being.



Renew Active™ Fitness

Renew Active™ by United Healthcare (available with select United Healthcare Medicare Advantage plans) members may receive Lakeville Area Active Adults membership and a fitness center pass free of charge at the Lakeville Heritage Center. Stop by the Heritage Center or call 952-985-4622 for more information.



Silver&Fit®



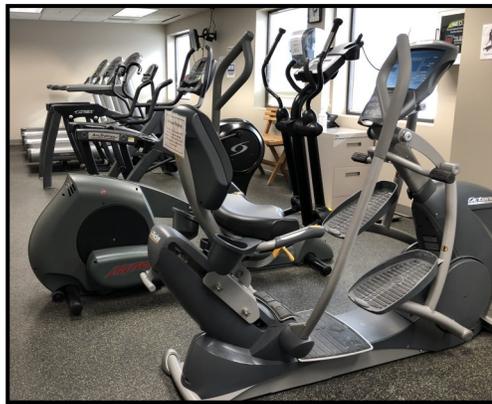
Take advantage of your health insurance's benefit program by participating in the Silver&Fit® program. Lakeville Heritage Center is a Silver&Fit® location, which means

you may be eligible to receive your membership and fitness pass for free. Stop in the office to verify your eligibility. We just need your name and date of birth. If you have questions, call 952-985-4620 or stop by the office.

The Silver&Fit® program is provided by American Specialty Health Fitness, Inc. (ASH Fitness), a subsidiary of American Specialty Health Incorporated (ASH). The Silver&Fit® logo and Silver&Fit® are registered trademarks of ASH and used with permission.

Fitness Center

The Heritage Center Fitness Center has nine commercial-grade exercise machines - three treadmills, three ellipticals, two recumbent bikes and an aerobic rider. The cost for members to use the fitness center is \$10 per year which gives you access to all of this equipment



every day the Heritage Center is open (typically 8 a.m. - 4 p.m. Monday through Friday). If you use the fitness center just two times per week throughout the year, each visit would cost you less than 10¢ per visit. A pretty good deal! Silver&Fit® and Renew Active™ program participants - you may have your fitness pass paid for. See details above or inquire in the Heritage Center office.

Happy Feet Foot Care

March 3, April 7 CASH OR CHECK ONLY!

A ½-hour foot care appointment is \$38. Pay by **cash or check** in the Heritage Center office when you arrive for your appointment. LAAA members only. Call 763-560-5136 to schedule an appointment. A licensed practical nurse will soak your feet, cut your nails and refer you to your doctor if there is a concern.

Driver Safety Classes

The Minnesota Highway Safety & Research Center conducts driver safety classes at the Heritage Center. Drivers 55+ may be eligible for a 10% discount on their auto insurance. An 8-hour course is initially required, followed by a 4-hour refresher class every three years. Register online at webtrac.lakevillemn.gov, then select "Active Adults," then "Classes & Events," or call **1-888-234-1294**, and tell them you would like a class in Lakeville.



4-hour refresher courses, \$22: 8-hour courses, \$26:

- Tue., March 10, 5-9 p.m.
- Sat., March 28, 8:30 a.m.-12:30 p.m.
- Tue., April 7, 5-9 p.m.
- Tue., May 5, 5-9 p.m.
- Tue. & Wed., March 17 & 18, 5-9 p.m. BOTH NIGHTS
- Mon. & Tue., May 11 & 12, 5-9 p.m. BOTH NIGHTS

Heritage Happenings Advertising

Thanks to our advertisers:

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If you would like to advertise in the *Heritage Happenings*, contact Renee at 952-985-4622.



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To set up a tour, please call or visit our website



GAMES, HOBBIES & PROGRAMS

Note : Heritage Center is closed April 27-May 1

Games

Exercise your brain, meet some new friends and have fun. More players are ALWAYS welcome!

- Billiards Mon. & Thu., 8-11:30 a.m.
- Wii™ Bowling..... Mondays, 9:15 a.m.
- Mahjong Mondays, 12:30 p.m.
- Texas Hold 'Em Mondays, 1 p.m.
- Dominoes..... Tuesdays, 9 a.m.
- PokerTue., Wed. & Fri., 9 a.m.
- Party BridgeTuesdays, noon
- Bingo1st & 3rd Tuesdays, 1 p.m.
- Hearts.....Wednesdays, 9 a.m.
- Pinochle Wednesdays, noon
- Euchre Thursdays, noon
- Hand & Foot..... Thursdays, noon
- 500.....Fridays, 11 a.m.
- Duplicate Bridge.. Fridays, 12:30 p.m.
- Cribbage..... Fridays, 1:30 p.m.

*Non-members pay \$5 drop-in fee per visit
Members pay \$5 or \$10 annual pass*

Knitting Group

Mondays, 9:30 a.m.
\$10 annual pass

Bring a project of your own, come for inspiration or to share ideas with the rest of the group. Beginners welcome. Instruction is available.

Quilting Group

1st and 3rd Thursdays, 1-4 p.m.
\$5 annual pass

Join us for quilting and socializing. Bring a project of your own, come for inspiration or to share ideas with the rest of the group. Beginners welcome.

Mahjong

Mondays, 12:30 p.m.
\$10 annual pass

Mahjong is a Chinese game of skill, strategy and calculation and involves a degree of chance.

Photography Group

3rd Monday, 10 a.m.
\$5 annual pass

Learn more about photography no matter what device you take your photos on—camera to cell phone.

Word Game Group

**Every Tue. except 1st Tue. of the month
12-3:30 p.m. \$10 annual pass**

Join us for word games such as Boggle and Scrabble.

Creative Writing

**Every Tue. except 1st Tue. of the month
at 10 a.m. \$10 annual pass**
Experiment with writing letters, poetry, short stories, creative non-fiction and more.

Book Clubs

Book Club 1 - FULL
1st Tuesday, 10-11:30 a.m.
\$5 annual pass

On March 3, this club will discuss "The Minnesota Stories of Sinclair Lewis," by Sinclair Lewis.

Book Club 2

3rd Wednesday, 1 p.m.
\$5 annual pass

On March 18, this club will discuss "The Book Thief," by Markus Zusak.



Bingo

1st and 3rd Tuesdays, 1-2:30 p.m.
\$5 annual pass

Come for the fun. Refreshments provided. Play for small coins. BINGO!

Line Dancing

Wednesdays, 9 a.m.-noon
\$10 annual pass

Led by Peter Blaskowski
9-10:15 a.m. Easier line dances
11 a.m.-noon More challenging dances

NOTE: Social time for line dancers takes place the first Wednesday of the month from 12-3 p.m.

Science Discussion Group

1st Wednesday, 1 p.m.
\$5 annual pass

Discuss current science topics with other curious people.

Coloring Group

2nd Wednesday, 1-3 p.m.

This new group is free for the first few months, then there will be a \$5 annual fee.



Musical Jam Sessions

1st & 3rd Wednesdays, 1-3 p.m.
\$5 annual pass

If you play a musical instrument and would like to play with others, join this group!

Bridge Lessons

Are you interested in learning how to play beginner bridge, party bridge or duplicate bridge? If so, sign up at the Heritage Center or call Penny at 952-469-3293.

Classic Voices Chorus

Thursdays, 9-10 a.m.
\$10 annual pass

The "Classic Voices" practice at the Heritage Center. Periodically, the chorus goes on the road to perform at senior residences and nursing homes in the area. New members (men and women) are always welcome.

Red Hat Chorus

Thursdays, 10:30-11:30 a.m.
\$10 annual pass

The Red Hat Chorus practices at the Heritage Center. New members welcome.

March & April performances:

- March 4, 1:30 p.m.—Commons on Marice, Eagan
- March 12, 1:30 p.m.—Wealshire, Bloomington
- March 19, 2 p.m.—MN Vets Home, Minneapolis
- March 26, 2 p.m.—Augustana Home, Hastings
- April 2, 1:30 p.m.—Trinity Care Center, Farmington
- April 8, 2 p.m.—New Perspective, Prior Lake
- April 16, 1 p.m.—The Fountains at Hosanna, Lakeville
- April 23, 10 a.m.—Friendship Manor, Shakopee
- April 30, 1:30 p.m.—Orchard Path, Apple Valley

Diner's Club

2nd Thursday, 5 p.m., \$5 annual pass

- **March 12 - Morgan's, Burnsville**
- **April 9 - Ole Piper, Rosemount**

Both singles and couples are invited. Meet at the restaurant at 5 p.m. Deadline is two days prior to outing so reservations can be made. This is a great way to meet fellow LAAA members.

Social Painting

Fridays, 1 p.m.
\$10 annual pass

Paint in a relaxed atmosphere. Beginners and intermediates welcome. Instructor joins the group October through April. Bring your own projects to paint.

Tatting

Fridays, March 13 & April 10, 1-3 p.m.
\$5 annual pass

Learn about shuttle or needle tatting to make lace. Beginners and experienced tatters are welcome.



Diamond Jo Casino Trip

Thursday, March 19

Let's have some fun at Diamond Jo Casino in Northwood, Iowa. The bus will leave Lakeville at 9:30 a.m. and return at 4:45 p.m. Burnsville and Apple Valley seniors will be joining us on the bus. For \$29, you will receive \$20 in slot play and motor coach transportation. Provide player's card number when you sign up. If you don't have a player's card number, provide name, address and date of birth so a player's card is ready for you when you arrive. **Sign up with \$29 payment by Friday, March 13.**



Springtime in Faribault

Thursday, April 23

Tour the Faribault Woolen Mill which dates back to the Civil War. The mill now makes Fairbo Blankets. The tour will be about 40 minutes of walking or standing after the presentation in the tour room. Wheelchairs, walkers and canes are welcome. Next stop is the Depot Restaurant for a meatloaf lunch. After lunch visit the Cheese Cave retail store where you can purchase gourmet products and specialty cheese aged in the Caves of Faribault. Last stop is the Donahue's Greenhouse (weather permitting) where there is one of the largest selections of clematis in the country. \$67/members, \$77/non-members. Leave the Heritage Center at 9:15 a.m. and return at 3:45 p.m. **Sign up with payment by Monday, March 23.**



Minnesota Wing Museum Trip

Wednesday, May 27

Visit the museum and see five of the truly historic World War II aircraft including: The Ryan TPT-22 Recruit, Stinson L-5A Sentinel, Vultee BT-13, North American B-25J Mitchell and the North American SNJ Texan. You will also see a large motor pool fleet and a unique collection of WWII artifacts that are on display. Before visiting the museum, we will stop at House of Coates to enjoy an early lunch of broasted chicken or roast beef. Please indicate which entrée you would like when you sign up. \$40/members, \$50/non-members. Leave the Heritage Center at 10:15 a.m. and return at 2:30 p.m. **Sign up with payment by Friday, May 15.**



Streetcar Line & Sibley Historic Site

Wednesday, June 17

Take a nostalgic ride on a historic streetcar along a scenic route between Lake Harriet and Bde Maka Ska (previously Lake Calhoun). The motorman will provide interesting information about the car and Minnesota streetcar history. You will also visit the displays in the station and shop for a souvenir. Lunch will be at the Cherokee Tavern in St. Paul with entree choices of a small sirloin or chicken. Next we will tour the Sibley Historic Site where there is a rich history of the region's fur trade business and Sibley's involvement in Minnesota business and politics. \$73/members, \$83/non-members. Leave the Heritage Center at 8:45 a.m. and return at 4:00 p.m. **Sign up with payment by Monday, May 18.**



Taylor's Falls Boat Cruise

Tuesday, July 21

Enjoy the scenic beauty of the St. Croix River by authentic paddlewheel boat cruise. While on the boat, enjoy a buffet lunch of boneless chicken breast, coleslaw, garlic mashed potatoes, baked beans, coffee and cookies. \$73/members, \$83/non-members. Leave the Heritage Center at 8 a.m. and return at 3:30 p.m. **Sign up with payment by Monday, June 15.**



TRIP INFORMATION

Important Notices to All Trip Participants:

- All trips are open to members and non-members.
- **You must pay when you register**—there will be no refunds after the deadline unless you have purchased travel insurance. You may find a substitute to take your place.
- **Please arrive EARLY as these tours are on a schedule.**
- **Tips for the bus driver are not included in your trip fee**—please tip your driver as a sign of your appreciation for friendly, safe service.

More trip information is available at the Heritage Center, online at LakevilleHeritageCenter.com or by calling 952-985-4620.

EXTENDED TOURS

New York and the Hudson River Valley

Sep. 25-Oct. 1, 2020

This trip includes touring the Statue of Liberty, Ellis Island, the 9/11 Memorial Museum and a Broadway show. Then it's off to the scenic Hudson Valley where you will visit the historic Boscobel House and Gardens, US Military Academy at West Point and Hyde Park. You will also take a scenic Hudson River Cruise. Stay three nights in Manhattan and three nights in the Hudson Valley Area. Trip includes roundtrip airfare, eight meals, six nights lodging, motor coach transportation, professional tour director and more. \$3,375 per person double occupancy, \$4,675 single occupancy. More information and registration available at the Heritage Center or call 952-985-4620.



Rome and the Country Roads of Tuscany

Nov. 4-12, 2020

You will explore the stunning architecture of Lucca, Italy; the Leaning Tower of Pisa; a Tuscan winery; tour Florence and see Michelangelo's original Statue of David. Then you will travel to Siena, the heart of Tuscany, visit the town of Assisi where St. Francis was born and tour Rome. Stay three nights in Montecatini Terme, Italy and two nights in Rome. Trip includes roundtrip airfare, 10 meals, admissions and professional tour director. \$3,795 per person double occupancy, \$4,420 single occupancy. More information and registration available at the Heritage Center or call 952-985-4620.





Lakeville Residents Age 62+ Funding for Membership and Programs is Available

Did you know that you can get up to \$30 for program fees, trip fees or membership to the Lakeville Area Active Adults program? To take advantage of this great benefit you only need to fill out a form in the Heritage Center office and let us know what you would like the funds used for. It's really that easy. If you are a Lakeville resident age 50-61 you need to meet an income requirement, age 62+ you do not. The funds are available through Dakota County CDBG funding. Now is the time to sign up for a class or trip you would like to attend. For more information, call 952-985-4620 or stop in the office at the Heritage Center. **NOTE: Requests can be made no more than 30 days in advance of the pass or membership renewal date.**

Home Repair Services and Outdoor Chore Services Available

Could you use some help with outdoor chores? Do you need a shower caulked, grab bar installed, window insulation applied or door locks changed? The City of Lakeville is collaborating with DARTS to provide these services to Lakeville residents age 62 and over (under 62 can qualify based on income or disability). To request these services, call DARTS at 651-455-1560. Services are available while the funding supply lasts so don't hesitate, call today.



Walker & Wheelchair Use Available

Have you recently had a surgery and need a walker or wheelchair temporarily? We have walkers and wheelchairs available to borrow short term for Lakeville Area Active Adults members. Leave a \$25 deposit and you may use a walker or wheelchair. Receive the deposit back when you return the item.



Senior LinkAge Line®

Senior LinkAge Line® is the Minnesota Board on Aging's free statewide information and assistance service. This service is provided by six Area Agencies on Aging that cover all 87 counties of Minnesota and helps connect you to local services. Call 1-800-333-2433.

Senior Dining

CAP Agency Senior Nutrition offers midday meals at Winsor Plaza in Lakeville. Adults 60 years and older are invited to participate. This is a great service for those who need a nutritious meal. Home delivered meals are also available for eligible individuals. For more information call CAP at 612-669-2913.



CDs, DVDs & Audio Books

We are accepting donations of CDs, DVDs and audio books for our lending library. These items will be available for you to borrow on your honor—same as the books. If you have items to donate, drop them off in the basket in the library.

Energy Assistance Program

CAP Energy Assistance helps eligible households maintain affordable, continuous and safe home energy. Household must apply by May 31 for the following winter. More information is available at 651-322-3500 or eap-info@capagency.org.

Need Some Mending Done?

Wednesdays, March 18, April 15, 1-3 p.m.

Mobile Menders, a volunteer group that provides free mending services, will be at the Heritage Center every third Wednesday of the month. Missing a button? Rip in a pocket? Need a pair of pants hemmed? They can take care of it. You can bring up to three clean items that need mending to the Heritage Center. All services are provided free of charge (tips are accepted). For more information call 952-985-4620 or visit mobilemenders.weebly.com.



Metro Mobility

Metro Mobility transportation is available in Lakeville for those who have been certified to use the service because of their disability or health condition. For more information visit metromobility.org or call 651-602-1111, TTY 651-221-9886.



Lakeville LOOP Circulator Bus

The LOOP bus is a reliable, continuous transportation service for people age 62 and older. The LOOP provides accessibility from senior housing locations to Lakeville amenities like retail, groceries and the Heritage Center at a reasonable cost. The LOOP service runs continuously from 9 a.m. to 2 p.m. on Thursdays. The affordable \$3 all-you-can ride fare allows riders to get on and off at any of the stops along the route. There is no need to schedule a ride, just be ready at the scheduled stop and the bus will pick you up. A full schedule is available at the Heritage Center or at LakevilleHeritageCenter.com. For more information, call 651-234-2223. Provided through a partnership between the City of Lakeville and DARTS.



Happy Harry's Fundraising

Happy Harry's Furniture, 22210 Chippendale Avenue in Farmington, continues to donate to Lakeville

Area Active Adults. If you (or anyone you know) purchases new furniture and mentions the Lakeville Heritage Center, 10% of what you spend will come back to us. Thank you for your participation in this fundraiser and thank you to Happy Harry's Furniture! Over \$2,913 has been donated to the Heritage Center in the past five years through this partnership!





FREE FOR MEMBERS

Legal Advice

3rd Wednesday of every month, appointments start at 11 a.m.
Free 30-minute legal consultations with a licensed local attorney are offered to our members. You may discuss any area of law, except a criminal matter or litigation. No obligation to retain the attorney, and confidentiality can be invoked. Call 952-985-4620 to schedule an appointment. Be prepared to give the general subject of your visit.

Hearing Screening & Hearing Aid Cleaning

March 9 & May 11, 11 a.m.-noon

Mark Rother of the Hearing Aid Doctor provides free hearing screenings, which can determine whether or not you have hearing loss. Appointments required; sign up at the Heritage Center or call 952-985-4620 to schedule.

Health Insurance Counseling

March 9, April 13, 9 a.m.-2 p.m.

Counseling is provided by state-certified health insurance counseling staff or volunteers for no charge. Call the Senior LinkAge Line at 1-800-333-2433 to schedule an appointment at the Heritage Center.

Bread

Members can receive FREE day-old bread and sweets Mondays through Fridays. Stop by and take advantage anytime you need a loaf! Just check in with your membership card when you arrive. **Please bring your own bag for bread.** We're trying to do our part to reduce, reuse and recycle. Thank you to Cub Foods, Target of Lakeville and Hy-Vee of Savage for providing the bread.

Technology Tutoring

March 11 & 18, April 1 & 15, starting at 1 p.m.

Bob Schulze provides free assistance with desktops, laptops, iPads, tablets and smartphones (Android and iPhone). Sign up at the Heritage Center or call 952-985-4620.

IMPORTANT PHONE NUMBERS

Lakeville LOOP Transportation

Thursdays
DARTS 651-234-2272

Metro Mobility Transportation

651-602-1111

Transportation to Medical Appointments

GAPP 952-953-9299
TLC Transportation 952-882-0535
Transit Trip 952-913-3367
DAV 612-467-2768

Transportation in Dakota County

Transit Link 651-602-5465

Senior Dining/Meals on Wheels

Winsor Plaza, Monday-Friday, 11:30 a.m.
\$4 suggested donation (60+), \$8.99 (under age 60), place order three business days in advance. Call 612-669-2913 or Ann at 612-388-2895.
Meals on Wheels—Volunteer drivers needed Monday-Friday, 11 a.m.

Senior LinkAge Line® 1-800-333-2433

Senior services, health insurance counseling



Annual fees
Lakeville Resident:
\$20 Individual
\$35 Couple
Non-Resident:
\$25 Individual
\$40 Couple



Membership Info

Become a member of the Lakeville Area Active Adults program and enjoy the many benefits it offers. Free services include: computer use, health insurance counseling, legal advice, computer tutoring, in-house library, coffee social time, special events and more. Also receive a discounted fee on our trips and classes. Most year-round programs have just a \$5 or \$10 annual fee for members. Membership applications are available at the Heritage Center. Stop by for a tour!

NOTE: Silver&Fit®—a health insurance benefit—may enable you to receive your membership and fitness center pass for free. Check in the office or call 952-985-4622 for details.

ANNUAL PROGRAM FEES

\$5 Programs

Programs meet 24 times or fewer per year
—Members pay \$5 annual fee
—Non-members pay \$5 per visit

- ◆ Bingo
- ◆ Book Club
- ◆ Diner's Club
- ◆ Health Angels Biking Club
- ◆ Ladies' Golf
- ◆ Men's Golf League
- ◆ Motorcycle Club
- ◆ Music Jams
- ◆ Photography Group
- ◆ Quilting
- ◆ Science Discussion
- ◆ Tatting
- ◆ Walking Club
- ◆ "Wheel Friends" Biking



\$10 Programs

Programs meet 25+ times per year
—Members pay \$10 annual fee
—Non-members pay \$5 per visit

- ◆ 500
- ◆ Billiards
- ◆ Classic Voices Chorus
- ◆ Cribbage
- ◆ Creative Writing
- ◆ Dominoes
- ◆ Duplicate Bridge
- ◆ Euchre
- ◆ Fitness Center
- ◆ Hand & Foot
- ◆ Hearts
- ◆ Knitting
- ◆ Line Dancing
- ◆ Mahjong
- ◆ Painting
- ◆ Party Bridge
- ◆ Pickleball
- ◆ Pinochle
- ◆ Poker (3x/wk)
- ◆ Red Hat Chorus
- ◆ Texas Hold 'Em
- ◆ Wii™ Bowling
- ◆ Word Games



LAKEVILLE YELLOW RIBBON

Thank you Veterans!



Thank you for your service and commitment. Lakeville Yellow Ribbon is honored to assist all our local veterans by providing access to services, events and support.

Lakeville Yellow Ribbon is a community organization of volunteers with a *mission to honor, serve and support veterans* of all ages and all branches of service.

If you are a veteran or a volunteer who would like to know more, please stop by the YR office in the Heritage Center on Mondays or Thursdays between 10 am and 1 pm.

Lakevilleyellowribbon.com 952-985-4685 Lakevilleyellowribbon@gmail.com

Honoring, serving and supporting our local veterans.



We work for the greatest people on earth.

While we offer best-in-class services to our residents, we are equally as blessed to be part of their lives.

Independent Living
Assisted Living
Memory Care
Parkinson's Care



walkermethodist.org
952.985.9000



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LAKEVILLE AREA HISTORICAL SOCIETY

HERITAGE CENTER, 20110 HOLYOKE AVENUE, 952.985.4680

"In recognition of the responsibility to past and future generations, the mission of the Lakeville Area Historical Society shall be to document, collect, preserve and teach the history of the Lakeville area."

March—
April 2020

A Three-Hour Tour

Any thoughts of the old TV show "Gilligan's Island" are reserved for those of a certain age, but this route found in an old copy of an automobile route book printed by the Hudson Map Company was billed as a three-hour tour. Today's speeds would shorten the time considerably.

The description as written in the book: This route follows the Minnesota Trunk Highway No. 50 to Farmington and Trunk Highway No.1 from Farmington to St. Paul. The entire route has hard surface paving except five miles between Lakeville and Farmington which is gravel and kept in fairly good condition.

Leaving Minneapolis on Lyndale Avenue there is a short detour of one block east at 49th Street, just before reaching Minnehaha Creek, coming back to Lyndale Avenue at Minnehaha Parkway and Lyndale Avenue. At the Minnesota River the route goes over the new bridge completed last year and built jointly by Hennepin and Dakota counties. Just before reaching Lakeville the route passes Antler's Park which offers various forms of amusement and attractive spots for picnicking. The paved road from Farmington into St. Paul passes picturesque and rolling country over an excellent road. The high bridge across the Mississippi River at St. Paul is one of the unique steel bridges in this part of the country and an excellent view of the Mississippi River and St. Paul may be had from this bridge.

According to the Burnsville Historical Society, the old Lyndale Avenue bridge, the first direct highway connection from Minneapolis to the southern and western part of the state, was built in 1920-21. The new bridge was constructed parallel to it in 1957. Residents/ landowners of Burnsville who were assessed questioned the benefits the bridge offered them and did not want to pay for it. I can't imagine travel today without that bridge.



March/ April

The Historical Society display rooms are only open from 9 a.m.-noon on Mondays, but remember, we will always try to accommodate your schedule by extending our hours. Give us a call at 952.985.4680.

Board Meetings

Monday, March 16, 3 p.m.
Monday, April 20, 3 p.m.

LAHS members are encouraged to join us in the Heritage Center conference room for these meetings.

Other Open Hours

Tuesday, April 21, 1:30-3 p.m.

These open hours coincide with the Heritage Center's annual Open House.



All Saints Catholic Church

In August of 1867, Father Anatole Oster, an experienced priest who had already established several parishes, was assigned to start a new parish called St. Joseph's. It would serve people living in Rosemount and Lakeville.

Controversy over the new church location caused the parish to split into two factions. The Rosemount group suggested building the church within the Rosemount boundary line and the Lakeville group proposed a site on the farm of John Lenihan in Lakeville Township. The agreed on seven-acre parcel, almost exactly between the two proposed areas, was in Lakeville on the farm of Thomas Hyland at the intersection of Dodd Boulevard, Pilot Knob Road and 160th Street West. The new church was dedicated on Sunday, August 30, 1868. The meticulous records kept by Father Oster are the only records that now exist of St. Joseph's during the time the church was in Lakeville.

In the year 1876, again under the direction of Father Oster, a new 36 x 100-foot structure named All Saints Catholic Church was built on Holyoke Avenue in Lakeville. In 1890, under the direction of Father Quinn, a rectory was built on the south side of the church. That church was destroyed by fire in 1932 and rebuilt on the same site. The new church building was dedicated in May. In 2007, when a new church was erected farther north on Holyoke Avenue, the existing building was purchased by the City of Lakeville and remodeled to become the Lakeville Area Arts Center.

If your place of worship is not in our LAHS display, contact us with details so your church can be represented.





March 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p>  <p>8:00 Billiards 8:15 Yoga 9:15 Wii™ Bowling 9:30 Knitting Group 11:00 SS Strength & Balance 12:00 SS Cardio & Strength 12:30 Mahjong 1:00 Texas Hold 'Em</p>	<p>2</p> <p>8:00 Billiards 8:15 Yoga 9:00 Health Insurance Counseling 9:15 Wii™ Bowling 9:30 Knitting Group 11:00 Hearing Screening 11:00 SS Strength & Balance 12:00 SS Cardio & Strength 12:30 Mahjong 1:00 Texas Hold 'Em</p>	<p>3</p> <p>9:00 Dominoes 9:00 Poker 9:00 Happy Feet 10:00 Book Club #1 12:00 Party Bridge 1:00 Bingo</p>	<p>4</p> <p>8:15 Yoga 9-12 Line Dancing (social follows) 9:00 Poker & Hearts 11:00 SS Strength & Balance 12:00 Pinochle 1-3 Science Discussion Group 1-3 Musical Jam Session</p>	<p>5</p> <p>8:00 Billiards 9:00 Classic Voices Chorus 10:30 Red Hat Chorus 11 & 12 Silver Sneakers Classes 12:00 Euchre, Hand & Foot 1:00 Quilting Group 1:30-2:30 Tai Chi Practice (March only) 3:00 Dance Fitness 5:30 Line Dancing Deadline for Lakeville Luncheon</p>	<p>6</p> <p>8:15 Yoga 9:00 Poker 11:00 500 Cards 12:30 Duplicate Bridge 1:00 Social Painting 1:30 Cribbage</p>	<p>7</p> <p>See Red Hat Chorus Performances on page 8</p> 
<p>8</p> 	<p>9</p> <p>8:00 Billiards 8:15 Yoga 9:00 Health Insurance Counseling 9:15 Wii™ Bowling 9:30 Knitting Group 11:00 Hearing Screening 11:00 SS Strength & Balance 12:00 SS Cardio & Strength 12:30 Mahjong 1:00 Texas Hold 'Em</p>	<p>10</p> <p>9:00 Dominoes 9:00 Poker 10:00 Creative Writing 11:30 Lakeville Luncheon 12:00 Party Bridge 12:00 Word Game Group 1:00 Active Adults Advisory Comm. Mtg. 5-9 Driver Safety Class (4-hour)</p> <p>Deadline for Diner's Club</p>	<p>11</p> <p>8:15 Yoga 9-12 Line Dancing 9:00 Poker & Hearts 11:00 SS Strength & Balance 12:00 Pinochle 1:00 Technology Tutoring 1-3 Coloring Group</p>	<p>12</p> <p>8:00 Billiards 9:00 Classic Voices Chorus 10:30 Red Hat Chorus 11 & 12 Silver Sneakers Classes 12:00 Euchre, Hand & Foot 1:30-2:30 Tai Chi Practice (March only) 3:00 Dance Fitness 5:00 Diner's Club—Morgan's 5:30 Line Dancing</p>	<p>13</p> <p>8:15 Yoga 9:00 Poker 11:00 500 Cards 12:30 Duplicate Bridge 1:00 Social Painting 1:00 Tattling 1:30 Cribbage</p> <p>Deadline for Diamond Jo's Casino</p>	<p>14</p>
<p>15</p>	<p>16</p> <p>8:00 Billiards 8:15 Yoga 9:15 Wii™ Bowling 9:30 Knitting Group 10:00 Photography Group 11:00 SS Strength & Balance 12:00 SS Cardio & Strength 12:30 Mahjong 1:00 Texas Hold 'Em</p>	<p>17</p>  <p>9:00 Dominoes 9:00 Poker 10:00 Creative Writing 12:00 Party Bridge 12:00 Word Game Group 1:00 Bingo</p> <p>5-9 Driver Safety Class (1/2 of 8-hr.)</p>	<p>18</p> <p>8:15 Yoga 9-12 Line Dancing 9:00 Poker & Hearts 11:00 Legal Advice 11:00 SS Strength & Balance 12:00 Pinochle 1:00 Technology Tutoring 1-3 Mobile Menders 1-3 Musical Jam Session 1:00 Book Club #2</p> <p>5-9 Driver Safety Class (1/2 of 8-hr.)</p>	<p>19</p> <p>8:00 Billiards 9:00 Russian Art Center, Murray's 9:30 Diamond Jo's Casino 9:00 Classic Voices 10:30 R.H. Chorus 11 & 12 Silver Sneakers Classes 12:00 Euchre, Hand & Foot 1:00 Quilting Group 1:30-2:30 Tai Chi Practice (March only) 3:00 Dance Fitness 5:30 Line Dancing</p> 	<p>20</p> <p>8:15 Yoga 9:00 Poker 11:00 500 Cards 12:30 Duplicate Bridge 1:00 Social Painting 1:30 Cribbage</p>	<p>21</p>
<p>22</p>	<p>23</p> <p>8:00 Billiards 8:15 Yoga 9:15 Wii™ Bowling 9:30 Knitting Group 11:00 SS Strength & Balance 12:00 SS Cardio & Strength 12:30 Mahjong 1:00 Texas Hold 'Em Deadline for Faribault Trip</p>	<p>24</p> <p>9:00 Dominoes 9:00 Poker 10:00 Creative Writing 12:00 Party Bridge 12:00 Word Game Group</p>	<p>25</p> <p>8:15 Yoga 9-12 Line Dancing 9:00 Poker & Hearts 11:00 SS Strength & Balance 12:00 Pinochle</p>	<p>26</p> <p>8:00 Billiards 9:00 Classic Voices Chorus 10:30 Red Hat Chorus 11 & 12 Silver Sneakers Classes 12:00 Euchre, Hand & Foot 1:30-2:30 Tai Chi Practice (March only) 3:00 Dance Fitness 5:30 Line Dancing 5:30 Lasagna Dinner</p>	<p>27</p> <p>8:15 Yoga 9:00 Poker 11:00 500 Cards 12:30 Duplicate Bridge 1:00 Social Painting 1:30 Cribbage</p>	<p>28</p> <p>8:30 a.m.-12:30 p.m. Driver Safety Class (4-hour)</p>
<p>29</p>	<p>30</p> <p>8:00 Billiards 8:15 Yoga 9:00 Wheel Friends & Health Angels Biking Meeting 9:15 Wii™ Bowling 9:30 Knitting Group 11:00 SS Strength & Balance 12:00 SS Cardio & Strength 12:30 Mahjong 1:00 Texas Hold 'Em</p>	<p>31</p> <p>9:00 Dominoes 9:00 Poker 10:00 Creative Writing 12:00 Party Bridge 12:00 Word Game Group 1:00 Pickleball Meeting</p>				<p>Day Old Bread Available Monday-Friday, beginning at 10:15 a.m.</p>



April 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			8:15 Yoga 1 9-12 Line Dancing (social follows) 9:00 Poker & Hearts 9:30 Ladies Golf Meeting 11:00 SS Strength & Balance 12:00 Pinochle 1:00 Technology Tutoring 1-3 Musical Jam Session 1-3 Science Discussion Group	8:00 Billiards 2 9:00 Classic Voices 10:30 Red Hat Chorus 11:00 SS Strength & Balance 12:00 SS Cardio & Strength 12:00 Euchre, Hand & Foot 1:00 Quilting Group 1:15 Beg. Tai Chi 1:45 Adv. Tai Chi 3:00 Dance Fitness 5:30 Line Dancing	8:15 Yoga 3 9:00 Poker 11:00 500 Cards 12:30 Duplicate Bridge 1:00 Social Painting 1:30 Cribbage	
	Day Old Bread Available Monday-Friday, beginning at 10:15 a.m.		8:15 Yoga 8 9-12 Line Dancing 9:00 Poker & Hearts 11:00 SS Strength & Balance 12:00 Pinochle 1-3 Coloring Group 1:00 Men's Golf Meeting 5:30 Cardio & Strength Class	8:00 Billiards 9 9:00 Classic Voices 9:00 Walking Club Meeting 10:30 Red Hat Chorus 11:00 SS Strength & Balance 12:00 SS Cardio & Strength 12:00 Euchre, Hand & Foot 1:15 Beg. Tai Chi 1:45 Adv. Tai Chi 3:00 Dance Fitness 5:00 Diner's Club—Ole Piper 5:30 Line Dancing Deadline for Lakeville Luncheon	8:15 Yoga 10 9:00 Poker 11:00 500 Cards 12:30 Duplicate Bridge 1:00 Tatting 1:00 Social Painting 1:30 Cribbage	See Red Hat Chorus Performances on page 8
	5 8:00 Billiards 8:15 Yoga 9:15 Wii™ Bowling 9:30 Knitting Group 11:00 SS Strength & Balance 12:00 SS Cardio & Strength 12:30 Mahjong 1:00 Texas Hold 'Em	6 9:00 Dominoes 9:00 Poker 9:00 Happy Feet 10:00 Book Club #1 12:00 Party Bridge 1:00 Bingo 5-9 Driver Safety Class (4-hr.) Deadline for Diner's Club	7 8:15 Yoga 9-12 Line Dancing 9:00 Poker & Hearts 11:00 SS Strength & Balance 12:00 Pinochle 1-3 Coloring Group 1:00 Men's Golf Meeting 5:30 Cardio & Strength Class	8 8:00 Billiards 9:00 Classic Voices 9:00 Motorcycle Club Meeting 10:30 Red Hat Chorus 11:00 SS Strength & Balance 12:00 SS Cardio & Strength 12:00 Euchre, Hand & Foot 1:00 Quilting Group 1:15 Beg. Tai Chi 1:45 Adv. Tai Chi 3:00 Dance Fitness 5:30 Line Dancing	9 8:15 Yoga 9:00 Poker 11:00 500 Cards 12:30 Duplicate Bridge 1:00 Social Painting 1:30 Cribbage	
	12 8:00 Billiards 8:15 Yoga 9:00 Health Insurance Counseling 9:15 Wii™ Bowling 9:30 Knitting Group 11:00 SS Strength & Balance 12:00 SS Cardio & Strength 12:30 Mahjong 1:00 Texas Hold 'Em	13 9:00 Dominoes 9:00 Poker 10:00 Creative Writing 11:30 Lakeville Luncheon 12:00 Party Bridge 12:00 Word Game Group 1:00 Active Adults Advisory Comm. Mtg.	14 8:15 Yoga 9-12 Line Dancing 9:00 Poker & Hearts 11:00 SS Strength & Balance 11:00 Legal Advice 12:00 Pinochle 1:00 Technology Tutoring 1:00 Book Club #2 1-3 Mobile Menders 1-3 Musical Jam Session 5:30 Cardio & Strength Class	15 8:00 Billiards 9:00 Classic Voices 9:15 Springtime in Faribault Trip 11:00 SS Strength & Balance 12:00 SS Cardio & Strength 12:00 Euchre, Hand & Foot 1:00 Bocce Ball Meeting 1:15 Beg. Tai Chi 1:45 Adv. Tai Chi 3:00 Dance Fitness 5:30 Line Dancing	16 8:15 Yoga 9:00 Poker 11:00 500 Cards 12:30 Duplicate Bridge 1:00 Social Painting 1:30 Cribbage	
	19 8:00 Billiards 8:15 Yoga 9:15 Wii™ Bowling 9:30 Knitting Group 10:00 Photography Group 11:00 SS Strength & Balance 12:00 SS Cardio & Strength 12:30 Mahjong 1:00 Texas Hold 'Em	20 9:00 Dominoes 9:00 Poker 10:00 Creative Writing 12:00 Party Bridge 12:00 Word Game Group 1:00 Bingo 1:30-3 Active Adults Open House	21 8:15 Yoga 9-12 Line Dancing 9:00 Poker & Hearts 9:30 Men's Golf—Pick up schedules 11:00 SS Strength & Balance 12:00 Pinochle 5:30 Cardio & Strength Class	22 8:00 Billiards 9:00 Classic Voices 10:30 R.H. Chorus 9:15 Springtime in Faribault Trip 11:00 SS Strength & Balance 12:00 SS Cardio & Strength 12:00 Euchre, Hand & Foot 1:00 Bocce Ball Meeting 1:15 Beg. Tai Chi 1:45 Adv. Tai Chi 3:00 Dance Fitness 5:30 Line Dancing	23 8:15 Yoga 9:00 Poker 11:00 500 Cards 12:30 Duplicate Bridge 1:00 Social Painting 1:30 Cribbage	
26	27	28	29	30	May 1	May 2
Heritage Center is closed this week—no activities, except outdoor activities. The Center will reopen on Monday, May 4.						



Lakeville Area Active Adults
Heritage Center
20110 Holyoke Ave.
Lakeville, MN 55044



Pickleball



Bundles of Love



Strength & Balance Class



Book your next event here!



LakevilleHeritageCenter.com
20110 Holyoke Ave.
952-985-4623
Rental_info@lakevillemn.gov